**Sexuality Issues in Boys with ASD**

- Children with ASD mature physically and sexually according to normal developmental stages.
- Parents’ concern about growing sexual behavior in children.
- Generally not accompanied by adequate social maturity.
- Inappropriate touching or talking about sex in public.
- Having their behaviors being misinterpreted.
- Being victimized by others or being potential target of sexual abuse.

**Information about body changes in puberty is best given in a visual way**

- Picture card showing pubertal changes in male.
- Educating them about private parts.

**Inappropriate sexual behavior in children with ASD**

- Touching private body parts.
- Removing clothes in public.
- Masturbating in public areas.
- Touching others inappropriately.
- Discussing inappropriate sexual subjects.
- Locking up shorts, skirts, dresses or down shirts.
- Obscene gestures.
- Non-consensual hugging.
- Inappropriate remarks and suggestions that have sexual connotations.
- Echolalia repetition of sexual terms.
- Perseveration on sexual topics.

**Masturbation**

- 75% of people with ASD display some kind of sexual behavior and most masturbate.
- A lack of alternative outlets for sexual urges and a tendency for self-stimulatory behavior results in frequent masturbation.

When becomes a concern:
- Masturbating for long periods or excessively.
- Masturbating inappropriately (such as in public areas or is using inappropriate objects or means).
- Becomes frustrated or aggressive during or after masturbating.
- Masturbates to the point of self-injury.

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**Brown University**

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Private Parts
Discuss what masturbation is and where it is and is not okay to masturbate.

How to educate?
Kaise Siddhaye?

Najji hisse aur hastamadhun vyah hai
Ajapani, saraajniki and najji sathanao ki abadaran ka shikshan
Najji sathan
Saraajniki sathan

Teaching concept of strange, public and private places

Tips for teaching boys about good touch and bad touch
1. Give them ownership of their body
2. Use appropriate language
3. Keep conversation light and easy
4. Explain what safe touch is
5. Empower them to say no
6. Use relevant books
7. Help your child trust his feelings
8. Don’t force affection
9. Practice or role play

For queries contact

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